

ACTIVITY REPORT

2019

QUINTA DAS ÁGUIAS

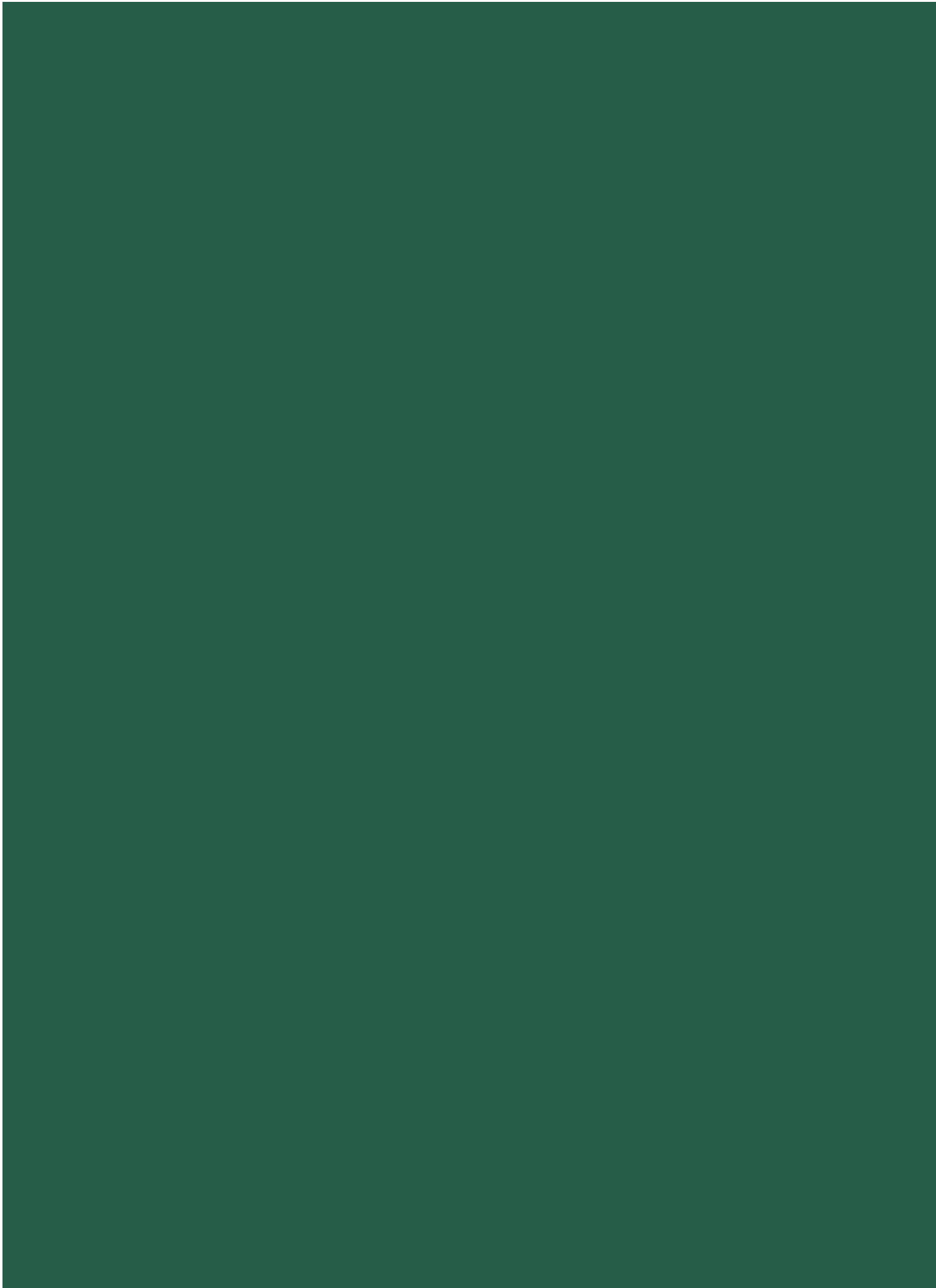


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MESSAGE FROM THE PRESIDENT

Ivone Ingen Housz

Another year has gone by, and it's time for a review. This year brought us a lot of work and commitment, but also a lot of joy.

The first words should be of gratitude to the team of wonderful volunteers, scattered over Portugal, USA and Macao, who kindly make sure that all the tasks that can be made from a distance are fulfilled, so we can dedicate our days to the animals and the farm.

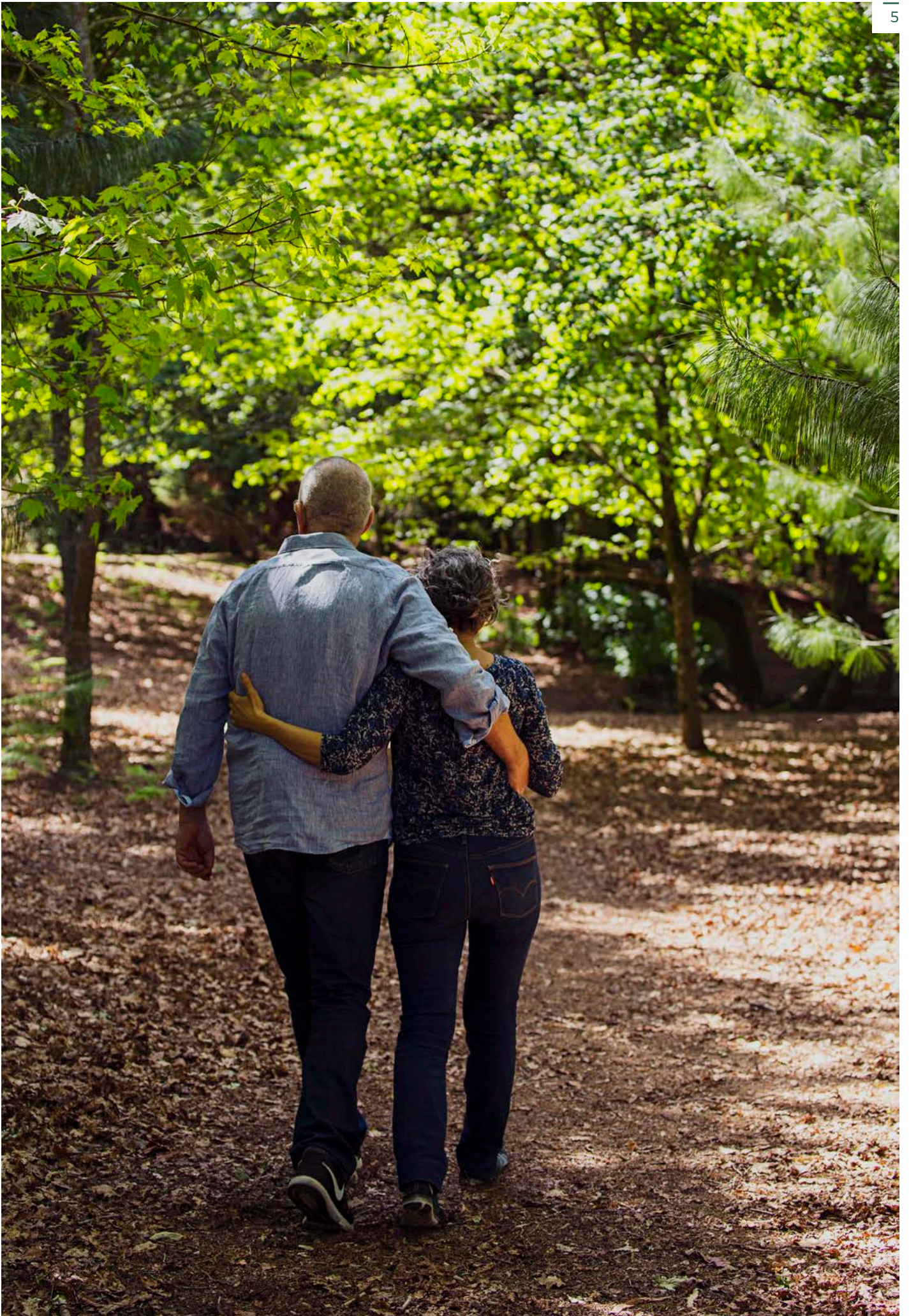
The milestones for this year have been the event CouraVeg, that brought around 600 people to Paredes de Coura to debate sustainability, and the Seed Exchange Fair, that also registered a new peak in visitors. We were also invited by Associação VegMadeira to go to Madeira island, so we could establish a partnership with the Hotel Industry and Tourism School for the joint development of workshops and conferences on plant-based food.

Many moments filled our hearts with gratitude and affection, such as seeing the children's enthusiasm when they meet us in Feira Mostra (a local fair) and ask for vegan muffins and tea that they tried during a school visit to Quinta, or visiting Santa Casa da Misericórdia to cook with special needs students who received us so kindly.

We were very happy to receive 20 more animals in need, who now live happily in our sanctuary, thanks to the help of our individual sponsors.

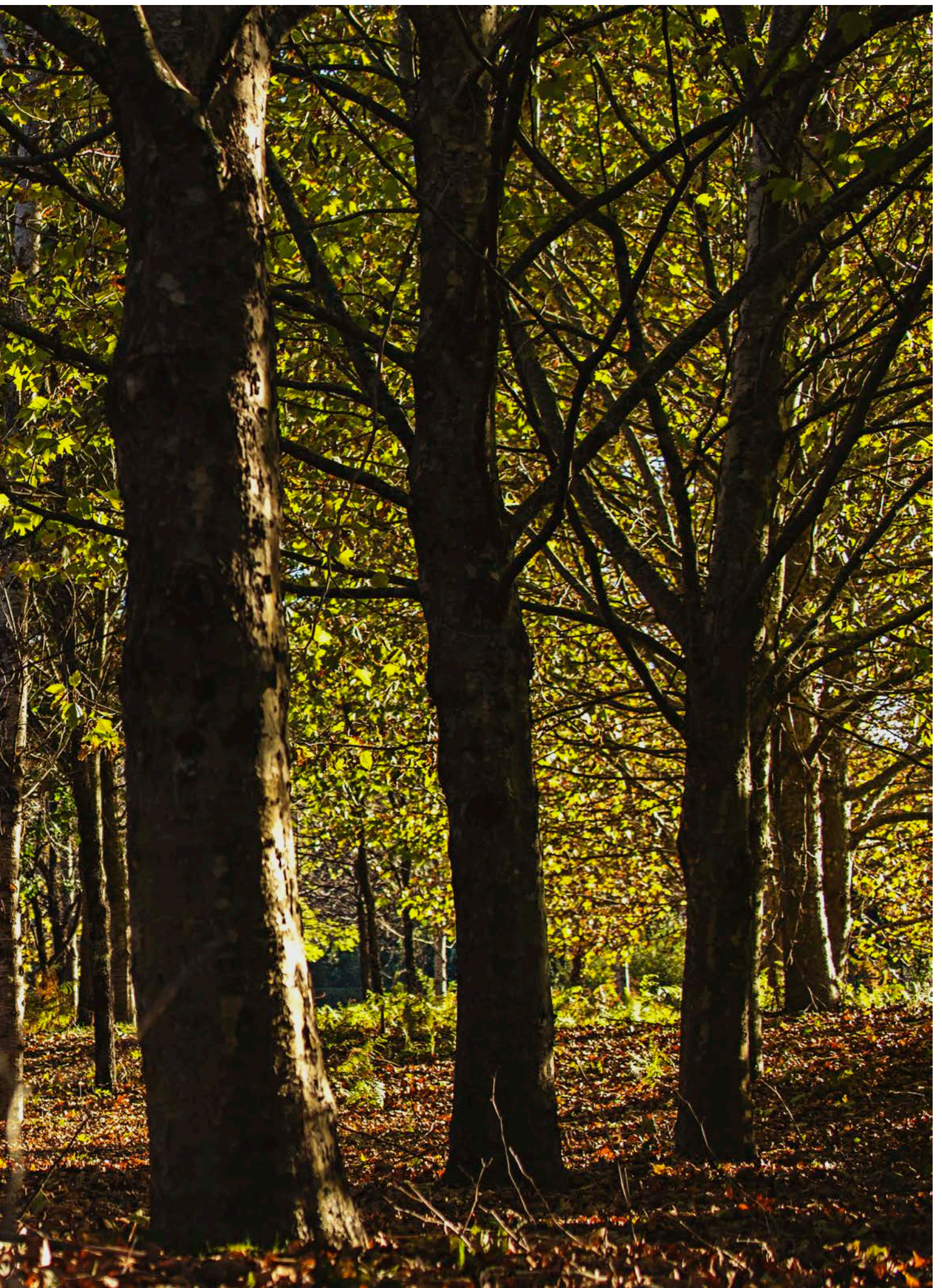
We want to thank the community of Paredes de Coura, our extended family, and our wonderful partners: the municipality of Paredes de Coura, the Schools of Paredes de Coura, Santa Casa da Misericórdia, the Voluntary Fire Brigade, OUSAM, Mozelos Kindergarten, Associação Padornelo, EPRAMI and ULSAM. Their cooperation and solidarity remain essential so we can grow this project which belongs to everyone who can relate to it.

Thank you for all the support and we hope you continue to be by our side in another year of work and accomplishment!



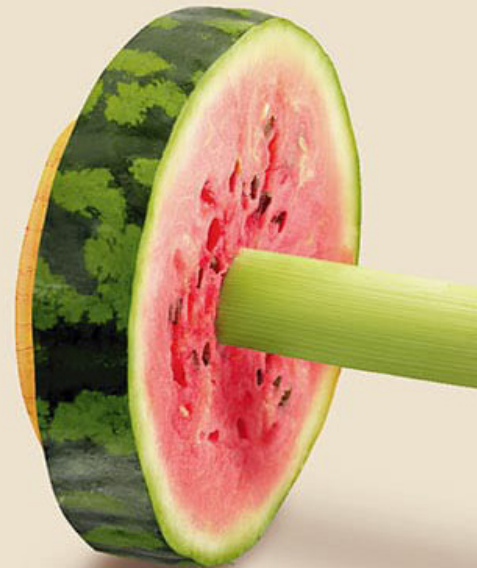


EVENTS





**PAREDES
DE COURA
VEGETARIANA**
INTERNATIONAL
CONGRESS



MUNICÍPIO DE
PAREDES DE COURA



QUINTA DAS ÁGUIAS



animais de rua

Apoio:

MINDSHARE



Media Partners:

ANTENA 1



CouraVeg

*"If we can live well
without causing
unnecessary harm,
why wouldn't we?"*

Gene Baur, in "Living the Farm Sanctuary Life", speaker at Couraveg.

Acabar com o desperdício é pôr o mundo em forma.



27 a 29 SET 2019

Centro Cultural de Paredes de Coura
Inscrições: couraveg.org

COURA
SEM PAREDES

From 27 to 29 September 2019, the Centro Cultural de Paredes de Coura hosted the 5th edition of CouraVeg, an initiative of the Municipality of Paredes de Coura, in partnership with Associação Quinta das Águias and Associação Animais de Rua.

The three days of congress were attended by 600 participants, 20 volunteers, and over 50 brilliant speakers, researchers, activists, politicians, and other experts from Portugal and abroad.

With a multidisciplinary panel that covered urgent matters on the impact of the human kind in animal and environmental protection, the congress debated on climate change, the depletion of natural resources, loss of biodiversity, public health, animal welfare, and other ethical and pressing matters.

The goal was to collectively search for innovative and practical solutions for a more sustainable lifestyle, in a platform of mutual respect and cooperation.

CouraVeg was definitely reinforced as the space of excellence in Portugal for the co-creation of a healthier, more sustainable future for our planet.

Release of the book Quinta das Águias

“Dawn has arrived at Quinta das Águias. Sunlight peeks between the trees, slowly untangling the shadows and waking up its still sleepy inhabitants. All over the farm, morning brings the anticipation of a new day, with fresh new places to explore. But for now, what unites each creature – and there’s quite a variety of them – is... the hunger for breakfast!”

IVONE e JOEP INGEN HOUSZ

SEMEAR O FUTURO

A receita da Quinta das Águias
para uma vida sustentável.

com a contribuição de ANA REIS



IVONE
e
JOEP
INGEN
HOUSZ

SEMEAR O FUTURO





One of the surprises in CouraVeg – Paredes de Coura Vegetariana International Congress was the release of Ivone and Joep Ingen Housz's book, in the first day of congress, with a presentation by Gene Baur, Isabel Silva, Heitor Lourenço and Maria José Moreira.

With sustainability as a main concern, the book shares the story of Quinta das Águias and its human and non-human inhabitants, the five pillars of sustainability, and wonderful recipes.





VegMadeira

Quinta das Águias went to the event VegMadeira, in Funchal, with conferences on sustainability, organic farming, and seed preservation, among others.

Focusing on plant-based food, the initiative also included several visits to the Hotel Industry and Tourism School of Madeira, ISOplexis Germobanco and a Workshop on Plant-Based Cooking by chef Joep in Café Restaurante Apolo.





Annual Seed Exchange Fair

“The progressive loss of genetic varieties in many seeds constitutes a danger for humanity, because many of those seeds were more resistant to plagues and diseases.”





On February 23rd, in the Museu Regional de Paredes de Coura, and in its 5th edition, there was an event to exchange seeds and local plants, aiming to preserve biological biodiversity and increase sustainable ways to produce food.

The Annual Seed Exchange Fair is an initiative of the Municipality of Paredes de Coura and Associação Quinta das Águias, together with the local schools. It seeks to promote the exchange of products, as well as instruct the population for the necessity to preserve local seeds and plants, instead of witnessing their loss and extinction, by educating and sharing information.

Community

“Quinta das Águias is the result of those who idealized it, but also the community it belongs to.”



As an active element in its community, Quinta das Águias organizes a diversity of events to promote its work and include participants in sustainability values and practises.





Family program

Quinta das Águias was visited by several families, as part of the Family Program, organized by the Municipality of Paredes de Coura.

The event included Quinta's herbal tea and chef Joep's vegan muffins.



EXPERIÊNCIA VEGETARIANA GOURMET

Escola de Hotelaria e Turismo de Viana do Castelo,
Castelo Santiago da Barra

22 de Maio, 19.30h



Vegetarian Gourmet Experience

A special dinner in partnership with the great haute cuisine chefs from Escola de Hotelaria e Turismo de Viana de Castelo.

Join us at Hibiscus Braga for our first

Al Fresco Yoga Brunch

75 min Yoga and Meditation and Plant Based Brunch

MAY 26TH 2019



A beautiful morning dedicated to Kindness

May 26th 2019

10:30 am to 1:30 pm

Hibiscus Restaurant Braga

Tickets are 14.99€ and can be booked at

Hibiscus or by e-mailing

chantalddvn@gmail.com

In support of

Quinta das Águias

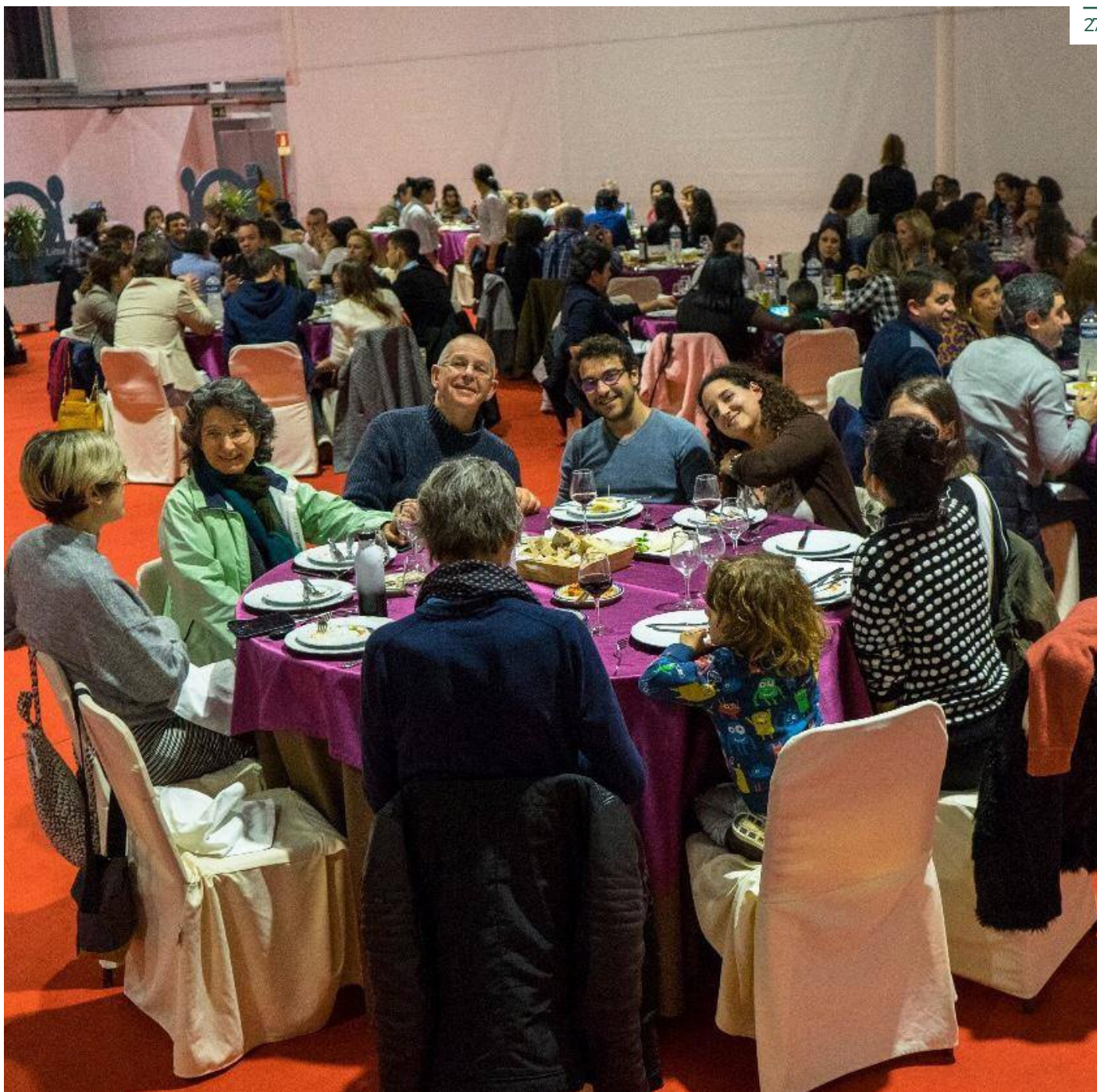
Animal ad Nature Sanctuary

Paredes De Coura

All profit Donated to charity!

Al Fresco Yoga Brunch

An event that donated funds to Quinta das Águias.



Jantar Taboão

In 23 and 24 February, by invitation of the Municipality of Ponte de Lima, chef Mário Ribeiro and his team at the restaurant Abrigo do Taboão, together with chef Joep, prepared a vegetarian dinner for V Expo Saúde Juventude.

Quinta das Águias had a stand in the venue and participated in the dinner with the chef Mário Ribeiro and Tino Alves from Enchidos Agramonte.





Vegetarian Cooking Workshop

“The unveiled secrets of vegetarian cooking in Quinta das Águias” was a weekend-long workshop with practical tips on how to cook without any ingredients of animal origin.



OUSAM Hay

OUSAM – Organismo Utilitário e Social de Apoio Mútuo organized the Harvest Fest and, in the end of the event, donated haystacks for the animals of Quinta das Águias.



ClubVeg Dinner

The ClubVeg Quinta das Águias dinner took place on April 6th and was prepared by the team of chefs Tino Alves, Jorge Barbosa, Tiago Soutelo and Filipe Alves, with Joep Ingen Housz.

The main goal of the Club is to gather people who love food and its preparation, so they can cook together in Quinta das Águias, share recipes, experiences, and ideas, and try new dishes in a culinary lab.



Apurar estórias: Uncovering vegan paths

We took part in the 3rd edition of Apurar Estórias, in the first 100% vegan bar in Porto, for a chat about Quinta das Águas, veganism and life among animals and nature



XXVI Feira Mostra

Quinta das Águias was a participant in the weekend of the XXVI Feira Mostra de Produtos Regionais do Alto Minho (a fair for local products of Alto Minho), promoting chef Joep's delicacies – muffins, beanburgers and, for the first time, vegetable crepes, as well as the vegan alheiras from the local company Enchidos Agramonte.



Visits

"When you cross the main gate at Quinta das Águias, you enter a different reality."

- in "Semear o Futuro – A receita da Quinta das Águias para uma vida sustentável", p. 26



Quinta das Águias receives regular visits from local teenagers, children and senior citizens, in an atmosphere of sharing and friendliness.

In 2019, the following groups had the chance to visit us and get know our work, through the participation in several activities:

- | The special needs students of the schools of Paredes de Coura;
- | Senior students from the professional course in Environmental and Rural Tourism of Valdevez schools;
- | 2nd grade students and professors of the MSc in Elementary School Teaching from the Department of Language, Communication and Arts Education in Lisbon College of Education – ESELx;
- | Children and teenagers from Associação Padornelo's after-school recreation centre, for an unforgettable day with our animals;
- | Mechatronics students from EPRAMI, for a snack of tea and muffins, and to exchange ideas on sustainability;
- | The after-school recreation centre of Formariz and Ferreira, as well as their day care centre;
- | The after-school recreation centre of Mozelos, to meet the animals and plants. A unique day for all the children, who then made drawings about this experience in Quinta das Águias;
- | The social centre of OUSAM - Organismo Utilitário e Social de Apoio Mútuo.

Quinta das Águias visited the occupational centre of Santa Casa da Misericórdia in Paredes de Coura in November 20th to bake seeds cookies together with the people that use the centre.









Animals

“Quinta das Águias is a national reference as a shelter for all kinds of species, including horses, pigs, chicken, dogs, cats, ducks, rabbits, or guinea pigs.”



In 2019, Associação Quinta das Águias saw their family grow larger, through the rescue of several animals that were taken from situations of mistreatment and given shelter in the sanctuary.



2 sheep



9 turtles



2 turkey hens



2 ducks



4 bantams



3 guinea pigs



5 cats





Giveaway

In order to promote participation and the diffusion of Quinta and its work, we organized a giveaway, offering a one-night stay and a meal for two people in Quinta das Águias.

The winners were announced in our Instagram page.



Open Day

May 2019

**"Such a rich space could never be closed."
- in Notícias Magazine**

An open day to the public when Quinta das Águias shows its space and activities. In this event, visitors were able to enjoy vegetarian food and participate in an informal talk about the sustainability project and then were taken for a guided tour around Quinta das Águias.



Construction of the Turtle Lake

With the goal of creating a new and spacious home for the resident turtles, and due to the multiple requests we've had to shelter turtles along the year, Quinta das Águias organized a raffle of 500 tickets, with the prize of an official Juventus FC T-shirt, signed by Cristiano Ronaldo.

After all the tickets were sold, the winner was announced in the event CouraVeg.

CALENDAR 2020



Quinta das Águias calendar for 2020, with beautiful photos, tells the stories of its animals, conveying calm and tranquillity to the daily hustle.





MEDIA



"To caress Zacarias and watch him graze, his eyes closed, without a single care in the world, is to feel there's no end to beauty in life, and that, among all problems and concerns, and the daily hustle, it is possible to stop, close your eyes and, even though you're not a ruminant, just breathe."

- in Notícias Magazine





In 2019, Quinta das Águias could be present in the media and in several publications.

In the podcast “Hora Consciente”, Quinta das Águias spoke about their projects and the sustainability program.

In the articles in Notícias Magazine, The Minimal Magazine and Raízes Mag, Quinta das Águias brought to debate the self-sustainable agroforestry program and the “botanical ark”. In these articles, Zacarias quickly stole the spotlight, taking over “all and everyone”, as referred in Minimal Mag.

Quinta das Águias was invited to participate in the television show “E Se Fosse Consigo”, in Sic TV channel, in order to introduce the animals.

They were also in the magazine Pets, in June, to show how to live in harmony with nature and the animals.

Couraveg and the book “Semear o Futuro” were showcased in AltominhoTV, Jornal de Notícias de Coura, P3, and Público, as well as in WOOK, where Quinta das Águias has been making a difference in promoting vegetarianism as a lifestyle.

Joep has introduced Quinta das Águias to SimBIOse, in an interview that speaks of Quinta’s lifestyle and the respect for nature.

Quinta das Águias is one of the nature-friendly hideaways in July’s Time Out Porto.

Quando os animais não

Notícias Magazine

17/01/2019

Há cada vez mais vegetarianos em Portugal. Em este estilo de vida quadruplicou. Uns fazem por saúde. Outros pela proteção do ambiente. Um casal

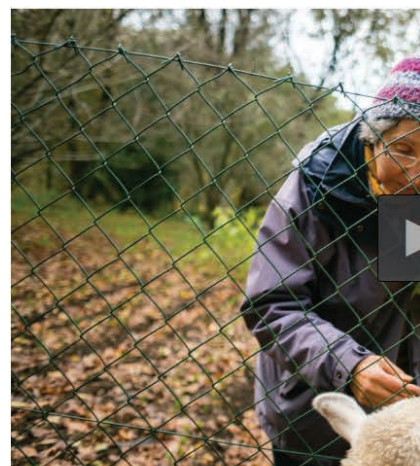
PAREDES DE COURA, CAPITAL DO VEGETARIANISMO



Foto: Rui Manuel Fonseca/Global Imagens

Além do desporto, já muito foi conquistado na promoção do vegetarianismo em Portugal. Mas não se pode falar nesse crescimento sem mencionar "os padrinhos" que o viram nascer. Ela, Ivone, portuguesa de 61 anos. Ele, Joep, holandês entretanto naturalizado, de 70. São um casal de veganos que decidiu

Queríamos estar mais tranquilos e mais próximos da natureza. Seria o retiro para o casal, acabou por se transformar numa quinta. Quinta das Águias é uma referência nacional no acolhimento de animais. Porcos, galinhas, cães, gatos, patos, coelhos ou porcos



São cerca de cinco hectares de espaço verde, de agricultura biológica. Entrar na quinta, é difícil não sentir uma conexão imediata com a natureza. Além do acolhimento e proteção dos animais, a quinta é uma vertente muito associada à preservação do meio ambiente. Um projeto agro-florestal autosustentável,



ão entram no prato

de anos, o número de pessoas que optam por não comer carne tem aumentado. Outros por uma questão de saúde, outros por razões éticas e ambientais.

natureza", recorda Ivone. No entanto, aquele que é um santuário com mais de 130 animais. Agora, a himento de todo o tipo de espécies, desde cavalos, guínchos-da-Índia.



cultura biológica e convivência entre seres vivos. Ao diata com o pulsar de vida que ali se vê, se ouve, estes animais, a Quinta das Águias tem também uma piente. É igualmente um santuário para flora uma "arca botânica" de sementes. Um espaço tão

hospedar visitantes de todo o mundo", recorda Joep, afirmando que ali já receberam "mais de mil pessoas de 29 países diferentes em quatro anos".

A organização conta com o apoio do município de Paredes de Coura e acabou por criar uma relação muito próxima com a comunidade da vila. "Temos uma parceria com a Câmara e com as escolas, com visitas dos alunos à quinta, assim como organizamos o Congresso Internacional Paredes de Coura Vegetariana, que já vai para a 5.ª edição", diz o homem de origem holandesa.



Pelo menos em Portugal, a Quinta das Águias tem marcado a diferença na promoção do vegetarianismo como estilo de vida. Ao contrário da entrada daquele matadouro em Penafiel, que significa o fim para milhares de animais, a portão do santuário é a promessa de um novo início para outros, mesmo que não



Facebook

15,000 FOLLOWERS

In 2019, Quinta das Águias reached 15,000 followers on Facebook. This way, this social platform became, together with Instagram, one of the best communication tools with the public.

Social media allow us to disseminate our mission and values to a growing number of people.

A photograph of a forest floor. In the foreground, several bright green ferns are in focus, their fronds clearly visible. The background is a soft-focus view of a forest, with trees and foliage in shades of green and yellow, suggesting a sun-dappled environment. The word "NUMBERS" is centered in the middle of the image in a white, bold, sans-serif font.

NUMBERS



Balance Sheet

In 31 December 2019 (Non-Profit Sector model)

	2019	2018
ASSETS		
Working capital:		
Inventories	713,98	-
Receivables	1.059,47	600,00
Other working capital	6.950,00	814,02
Cash and deposits	18.451,34	30.563,72
	27.174,79	31.977,74
Total of capital	27.174,79	31.977,74

	2019	2018
FUNDS AND LIABILITIES		
Funds:		
Funds	542,18	542,18
Reserves	108,45	108,45
Results carried forward	16.484,50	11.639,86
	17.135,13	12.290,49
Net earnings for the period	8.393,21	5.444,64
Total of asset funds	25.528,34	17.735,13

Liabilities

Current liabilities:

Suppliers	122,41	14.242,61
Credits payable	1.524,04	-
	1.646,45	14.242,61

Total of liabilities	1.646,45	14.242,61
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Total of asset funds and liabilities	27.174,79	31.977,74
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Income Statement

In 31 December 2019 (Non-Profit Sector model)

	2019	2018
PROFITS AND EXPENSES		
Sales and services provided	1.395,45	600,00
Subsidies, donations and legacies	32.016,22	30.311,73
Cost of goods sold and materials consumed	(4.283,91)	-
External services and supplies	(20.734,55)	(25.467,09)
Income before depreciation, financial expenses and taxes	8.393,21	5.444,64
Operacional income (before financial expenses and taxes)	8.393,21	5.444,64
Income before taxes	8.393,21	5.444,64
Net earnings for the period	8.393,21	5.444,64



OLIVEIRA, REIS
& ASSOCIADOS,
SROC, LDA.

FERNANDO MARQUES OLIVEIRA
JOAQUIM OLIVEIRA DE JESUS
CARLOS MANUEL GREINHA
JOÃO CARLOS CRUZEIRO
PEDRO MIGUEL MANO
MARIA BALBINA CRAVO
OCTAVIO CARVALHO VILAÇA

À
ASSOCIAÇÃO QUINTA DAS ÁGUIAS
Caminho de Moreira, N° 664,
Lugar de Silvertó
4940-692 PAREDES DE COURA

Porto, 19 de agosto de 2020

RELATÓRIO DE APRESENTAÇÃO DE CONCLUSÕES

REVISÃO DA INFORMAÇÃO FINANCEIRA CONSTANTE DO BALANÇO INDIVIDUAL A 31-12-2019 E DA DEMONSTRAÇÃO
INDIVIDUAL DOS RESULTADOS POR NATUREZA DE 2019 DA
ASSOCIAÇÃO QUINTA DAS ÁGUIAS

INTRODUÇÃO

Fomos contratados pela ASSOCIAÇÃO QUINTA DAS ÁGUIAS, para a realização de um trabalho de revisão da informação financeira constante do Balanço Individual a 31.12.2019 e da Demonstração Individual dos Resultados por Natureza de 2019, apresentadas nos mapas anexos.

ÂMBITO DO TRABALHO

O nosso trabalho foi efetuado de acordo com a Norma Internacional de Serviços Relacionados (ISRS) 4400 – Trabalhos para Executar Procedimentos Acordados com Respeito a Informação Financeira e demais normas e orientações técnicas e éticas da Ordem dos Revisores Oficiais de Contas (“OROC”).

Aplicamos a Norma Internacional de Controlo de Qualidade 1 (ISQC 1) e, assim, manteve-se um sistema interno de controlo de qualidade abrangente que inclui políticas e procedimentos documentados sobre o cumprimento de requisitos éticos, normas profissionais e requisitos legais e regulamentares aplicáveis.

BASES DE INFORMAÇÃO

As bases de informação do nosso trabalho foram as seguintes:

- Balancetes com referência a 31 de dezembro de 2019 e 31 de dezembro de 2018;

1 de 2



OLIVEIRA, REIS
& ASSOCIADOS,
SROC, LDA.

- Informação contabilística e documentos de suporte mantidos pelos serviços para o período em análise;
- Atas da Assembleia Geral, de 2018 e 2019, sendo a última disponível a nº 5 referente a 11 de junho de 2019; e,
- Reuniões e conversas mantidas com a Entidade.

RESPONSABILIDADES

As responsabilidades dos diferentes intervenientes no processo de revisão da informação financeira são as seguintes:

- É da responsabilidade da Gerência da Entidade a preparação das demonstrações financeiras dos períodos findos em 31 de dezembro de 2019 bem como a disponibilização de todos os elementos e esclarecimentos necessários à realização dos trabalhos.
- A responsabilidade da OLIVEIRA, REIS & ASSOCIADOS, SROC, LDA. consiste em executar os procedimentos acordados entre as partes sobre as demonstrações financeiras da Entidade, para os períodos de referência, em conformidade com a (ISRS) 4400 – Trabalhos para Executar Procedimentos Acordados com Respeito a Informação Financeira e demais normas e orientações técnicas e éticas da Ordem dos Revisores Oficiais de Contas e reportar à Capital Criativo as situações identificadas.

CONCLUSÃO

A nossa conclusão é que relativamente ao trabalho de revisão da informação financeira constante Balanço Individual a 31.12.2019 e da Demonstração Individual dos Resultados por Natureza de 2019 da ASSOCIAÇÃO QUINTA DAS ÁGUAS não detetamos nenhuma exceção.

Com os melhores cumprimentos,

OLIVEIRA, REIS & ASSOCIADOS, SROC, LDA.
Representada por

João Carlos Cruzeiro, ROC nº 1363



QUINTA DAS ÁGUAS